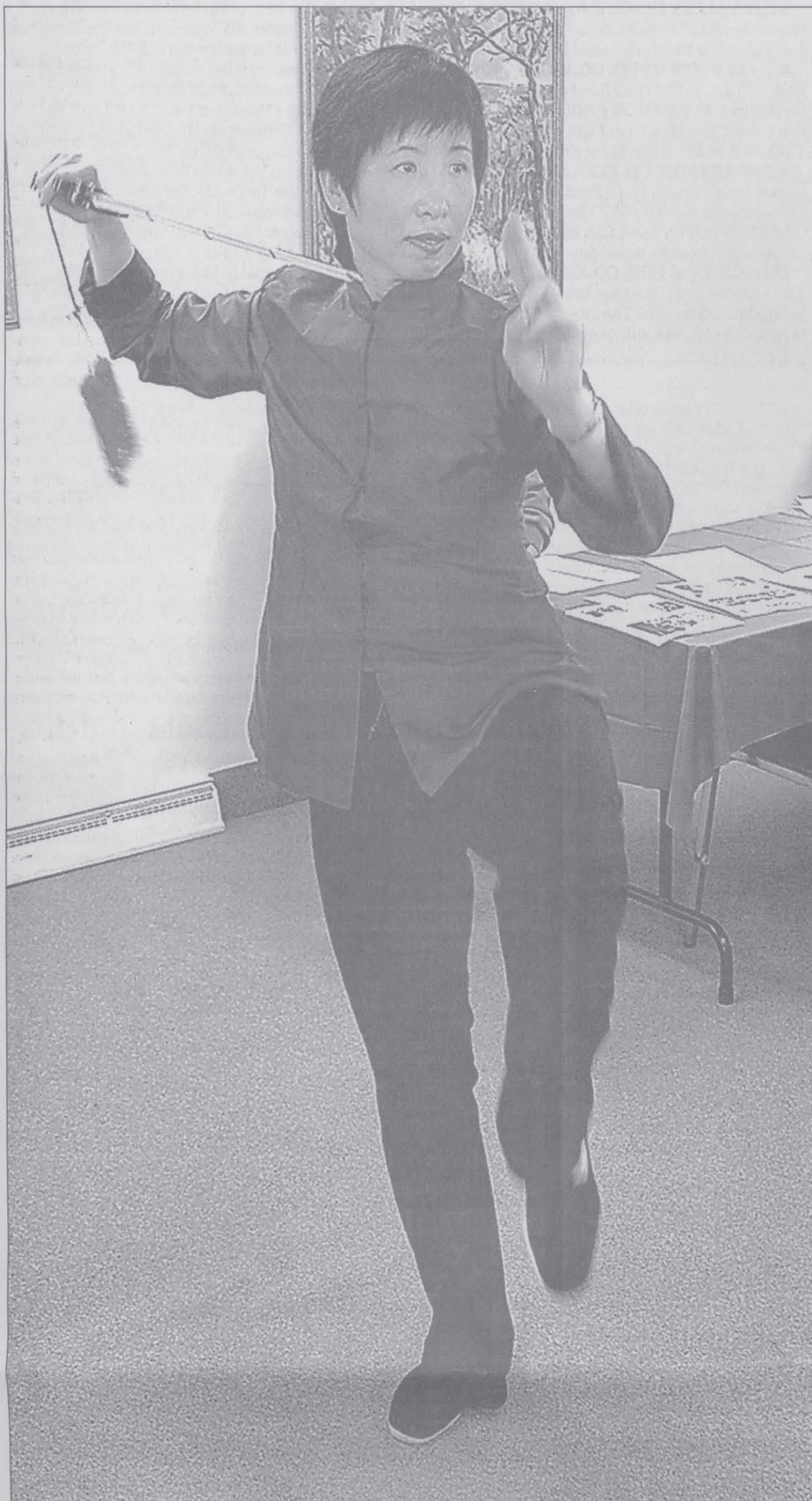


Harmonious movement



Express-Times photo/BILL ADAMS

Tai Chi Master Pingjian Zhao demonstrates a Tai Chi sword during a talk and demonstration Wednesday at Jewish Family Services of the Lehigh Valley in Allentown. The demonstration was part of the center's Senior Brunch and Learn series for people over 55.